

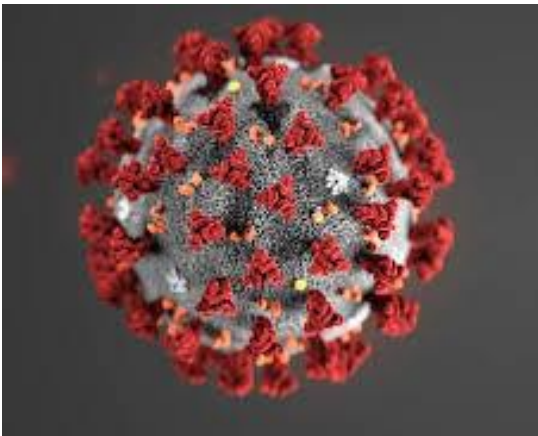
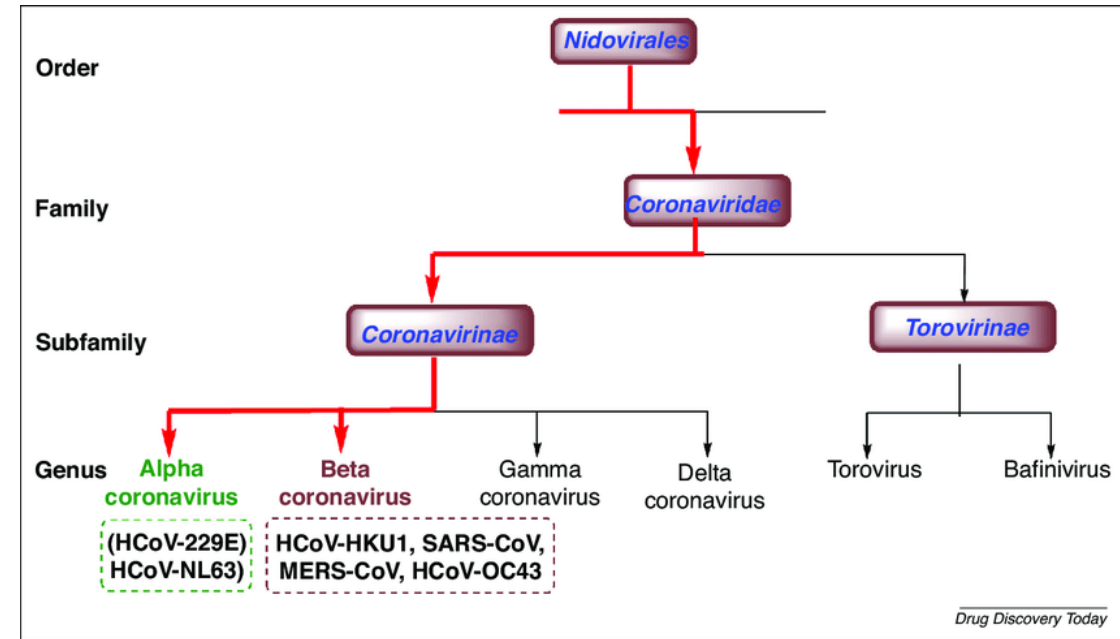
COVID19 Update

City of Jonesboro Council Meeting

4-21-20

COVID19 Update

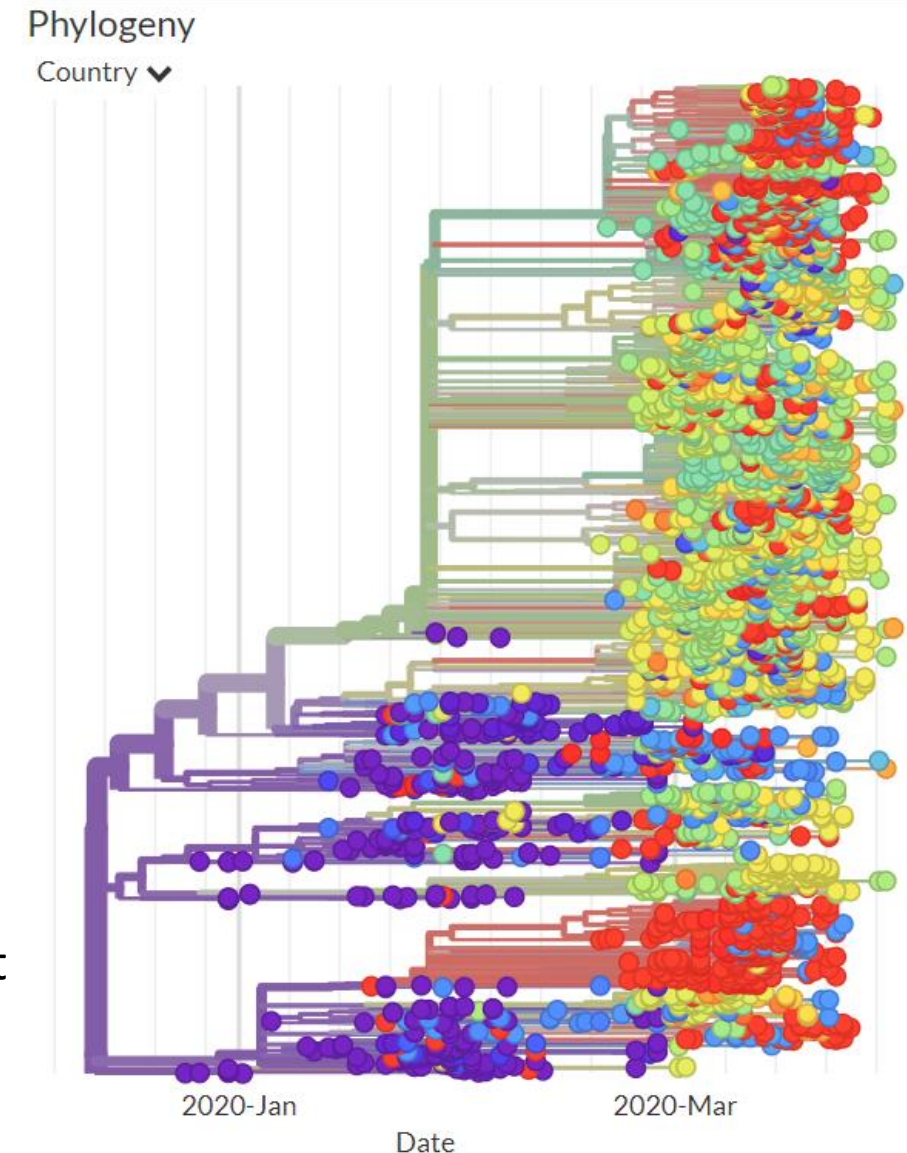
- What is COVID19?
 - Coronaviridae Family
 - Toroviruses
 - Coronaviruses
 - Alpha Coronavirus
 - Multiple that cause the common cold
 - Beta Coronavirus
 - Multiple that cause the common cold
 - MERS-CoV (2012)
 - SARS-CoV (2003,2008)
 - SARS-CoV2 (COVID 19)



COVID19 Update

Nextstrain

- What is COVID19?
 - Virus (not a bacteria, parasite, or fungus)
 - Affects on the body
 - Infects the nose, eyes, mouth; moves into the lungs
 - Can spread to heart, kidneys, brain, liver, small bowel
 - Spread
 - Highly contagious respiratory virus; “droplets”
 - Lives on surfaces for days, can “hang” in the air for hours
 - Very “sneaky” (aka asymptomatic spread)
 - At Risk Groups for severe disease
 - Over the age of 65
 - Chronic medical conditions (high blood pressure, heart disease, diabetes, obesity)
 - Younger with no medical issues (Cytokine storm?)



COVID19 Update

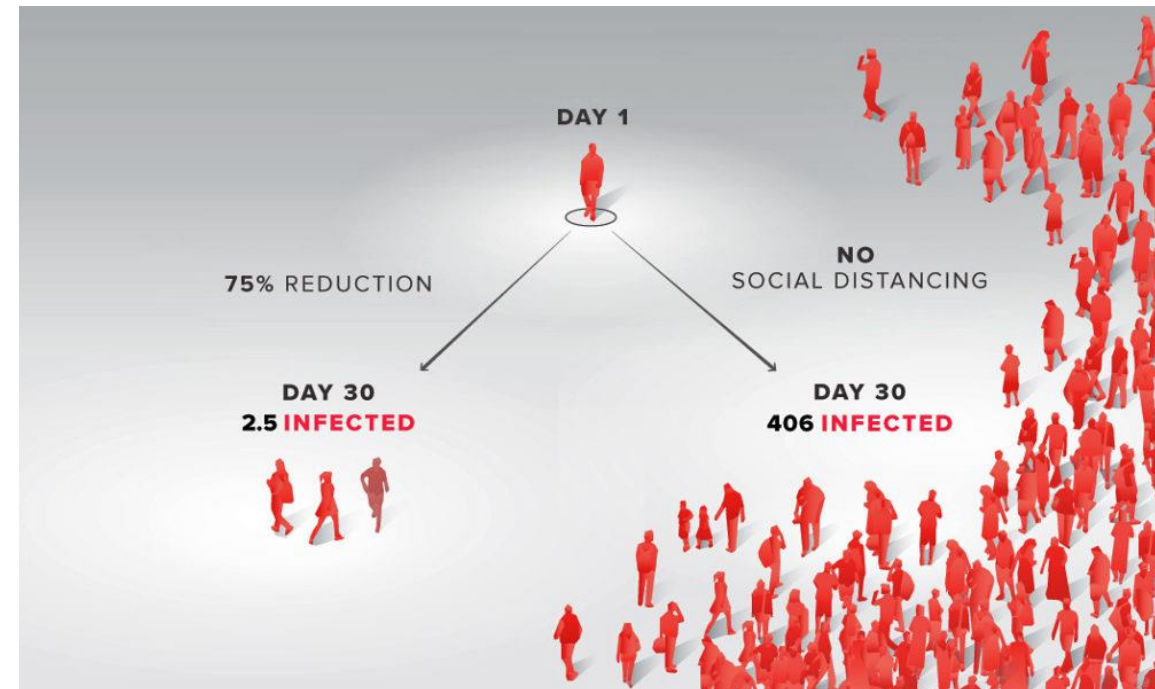
- What is COVID19?

- Protection

- Hand washing, don't touch your face
 - Mask wearing in public (protects you and others)
 - Social distancing (limit the # of people the virus can infect)

- Testing

- Special test needed (RT-PCR; Ab testing)
 - Limited for now; Not sure how reliable it is.



White House coronavirus task force member Dr. Anthony Fauci is urging caution about **relying on coronavirus antibody tests** to determine whether someone who has recovered from the illness is immune.



COVID19 Update

- How do we fight it?

- Medications

- None

- Over 300 trials ongoing now

- Hydroxychloroquine, Zithromax, Remdesivir, Colchicine, Ritonavir, Tocilizumab, etc.

- Vaccine

- None

- Three are promising and have moved on to human trials. Available early to mid-2021

- Limit the Spread

- At least 6 feet apart or more

- Hand washing with soap or use of alcohol based product

- Wearing of a mask in public

- Social Distancing Policies - “Flattening the Curve”

- Are you Immune after you get infected?

- Theoretically – “yes”, but.....

- Appears to last 3 – 18 months depending upon immune response

- Stresses the need for a vaccine and effective treatment.

- South Korea – 116 test positive after recovering?

New data on the investigational antiviral drug remdesivir (Gilead) suggest clinical improvement in 36 of 53 patients (68%) hospitalized for severe COVID-19, according to a new study [published online](#) April 10 in the *New England Journal of Medicine*.

More deaths, no benefit from malaria drug in VA virus study

By MARILYNN MARCHIONE an hour ago

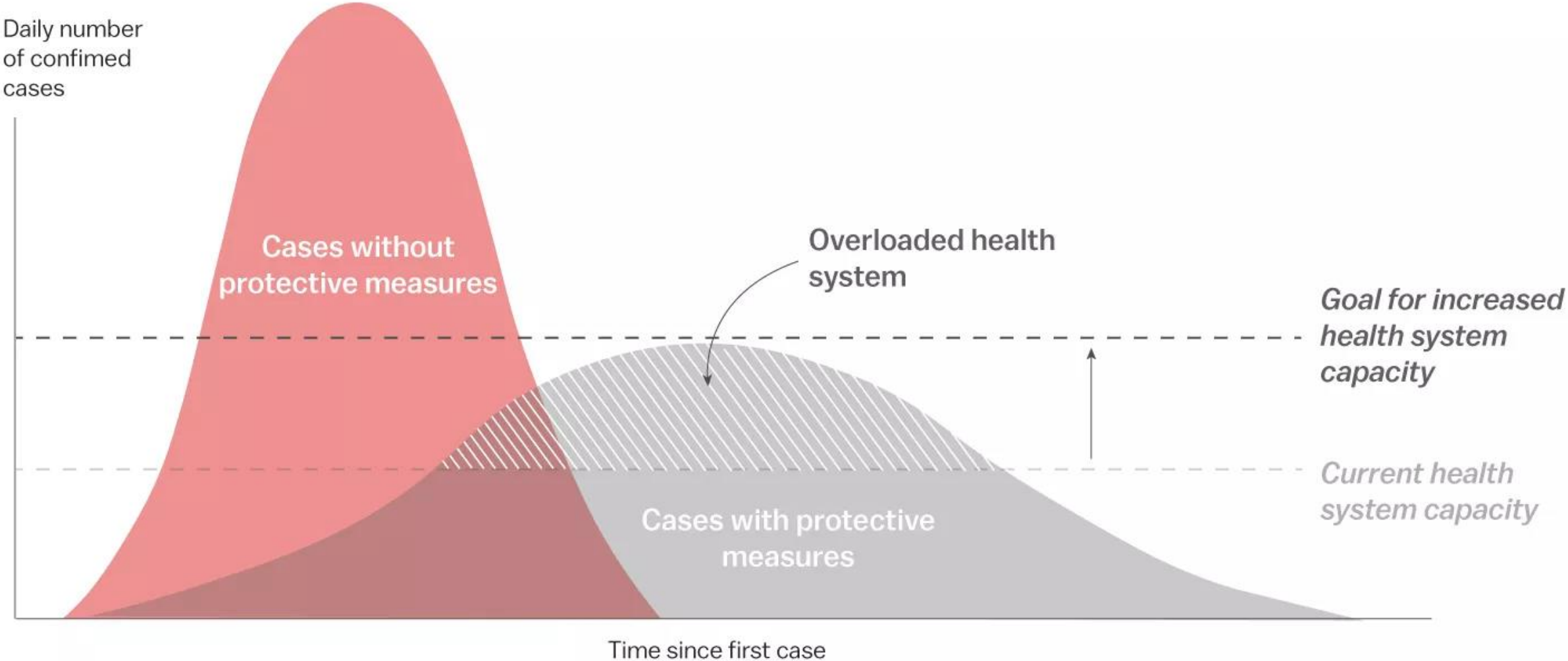


[Click to copy](#)

A malaria drug widely touted by President Donald Trump for treating the new coronavirus showed no benefit in a large analysis of its use in U.S. veterans hospitals. There were more deaths among those given hydroxychloroquine versus standard care, researchers reported.



Raising the line while flattening the curve



Source: Adapted from CDC and Kumar Rajaram, UCLA





COVID-19 Dashboard by the Center for Systems Science and Engineering (CSSE) at Johns Hopkins University (JHU)

Total Confirmed

2,499,723

Confirmed Cases by Country/Region/Sovereignty

- 788,920 US
- 204,178 Spain
- 181,228 Italy
- 156,495 France
- 147,593 Germany
- 125,856 United Kingdom
- 90,980 Turkey
- 84,802 Iran
- 83,853 China

Admin0

Last Updated at (M/D/YYYY)

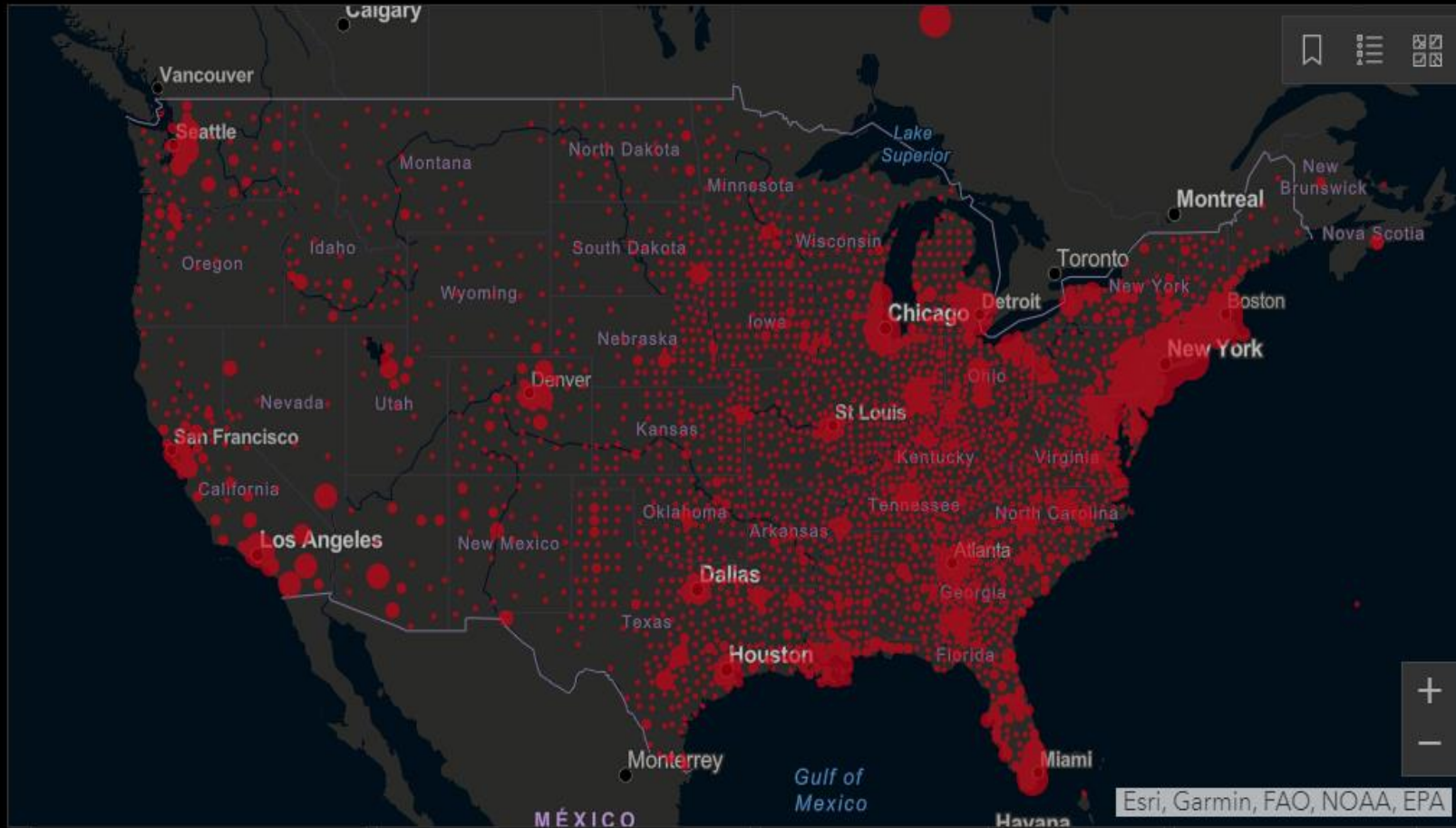
4/21/2020, 8:38:33 AM

185

countries/regions

Lancet Inf Dis Article: [Here](#). Mobile Version: [Here](#).

Lead by [JHU CSSE](#). Automation Support: [Esri Living Atlas team](#) and [JHU APL](#). [Contact US](#). [FAQ](#).



Cumulative Confirmed Cases

Active Cases

Incidence Rate

Case-Fatality Ratio

Testing Rate

Hospitalization Rate

Total Deaths

171,718

24,114 deaths
Italy

21,282 deaths
Spain

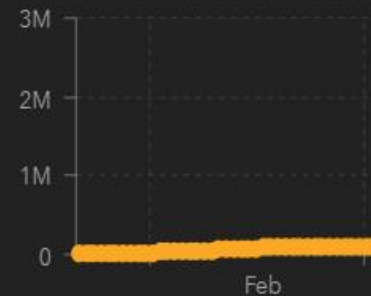
20,265 deaths
France

16,509 deaths
United Kingdom

14,604 deaths
New York City, New York, US

Deaths

Recovered



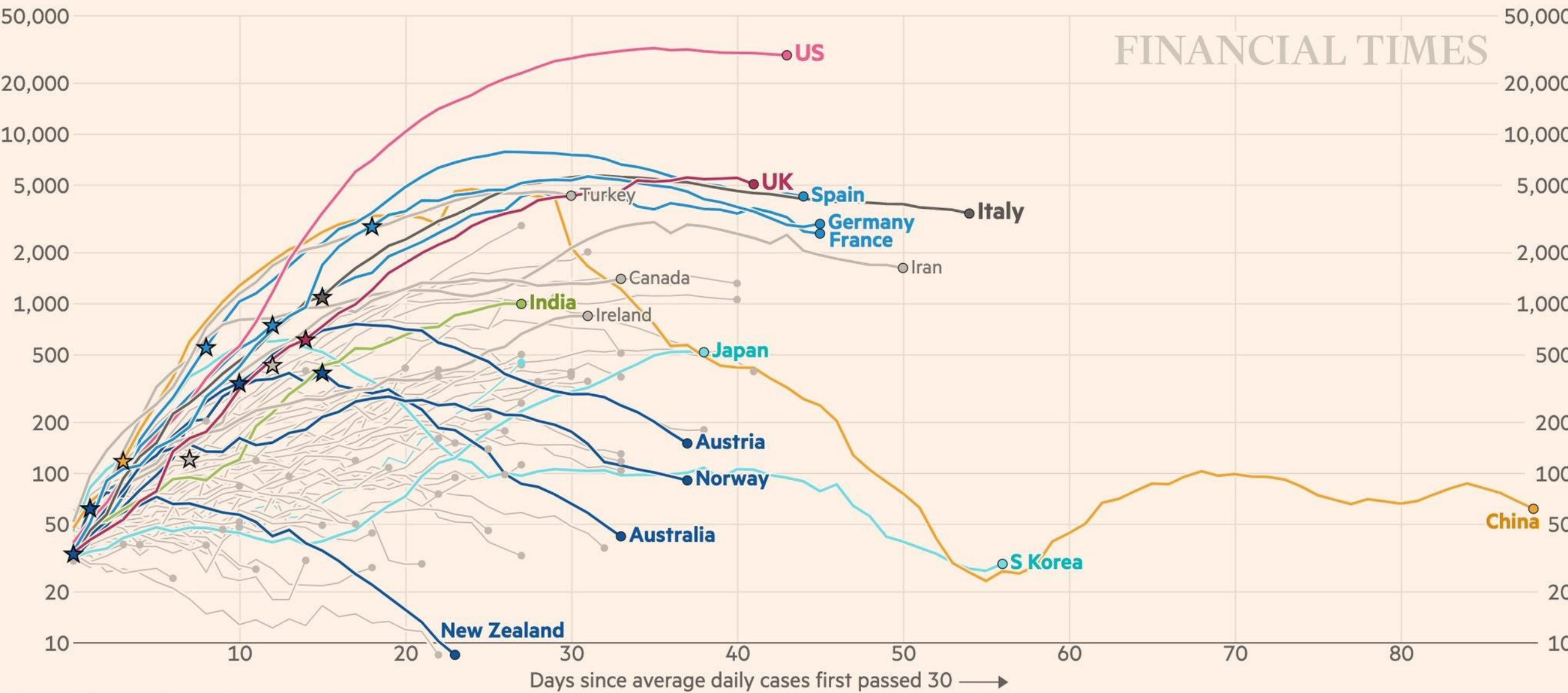
Confirmed

Logarithmic

Several countries have turned the corner, with numbers of new cases now in decline

Daily confirmed cases (7-day rolling average), by number of days since 30 daily cases first recorded

Stars represent national lockdowns ★



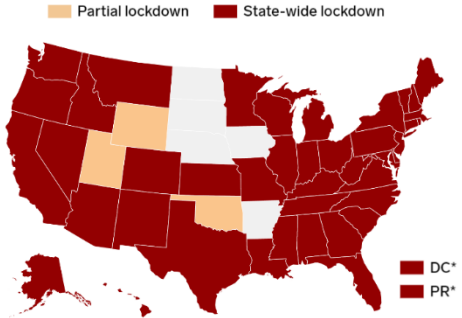
FINANCIAL TIMES

FT graphic: John Burn-Murdoch / @jburnmurdoch

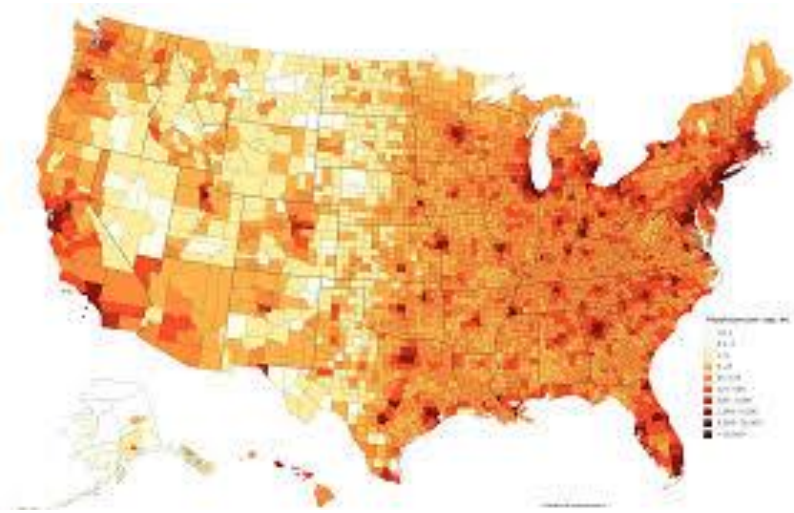
Source: FT analysis of European Centre for Disease Prevention and Control; FT research. Data updated April 18, 19:55 BST

© FT

US states that have issued stay-at-home orders



COVID19 Update



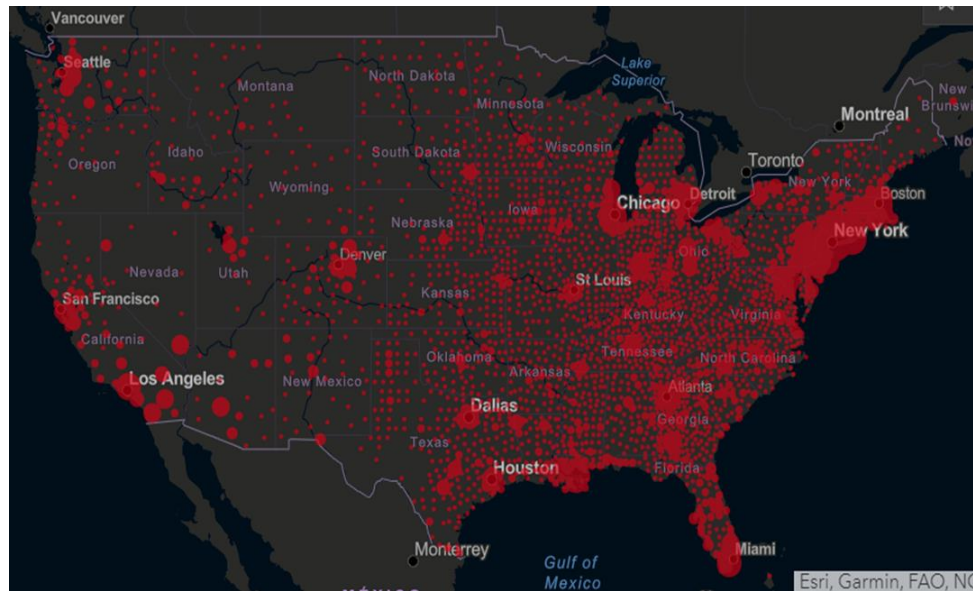
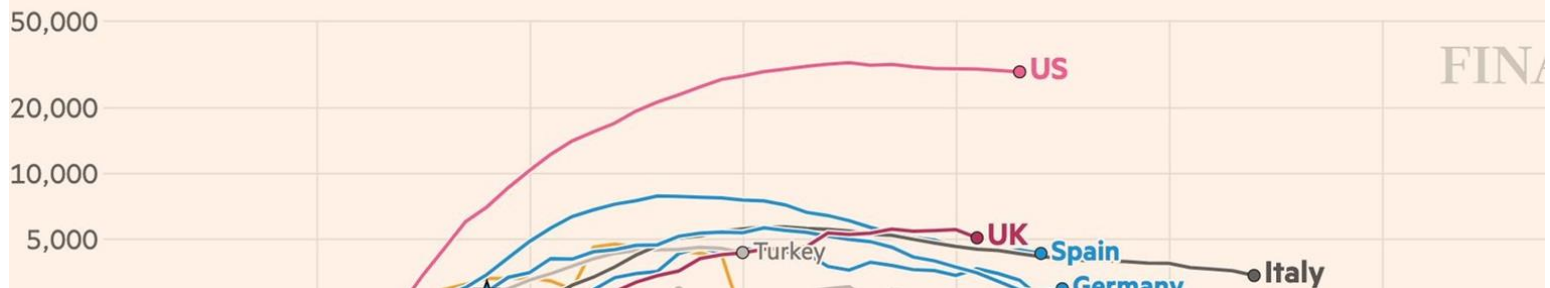
- Current Situation

- United States

- 95% of the population is under some type of “lock down”
- 43,796 deaths in 3 months (first U.S. death reported 2/29/19)
 - Influenza 25,000-45,000 deaths in a season (Oct-May)
- Virus is migrating to the central U.S. (Urban to Rural)
- Good news – the curve is “flattening”

Several countries have turned the corner, with numbers of new cases now in decline

Daily confirmed cases (7-day rolling average), by number of days since 30 daily cases first recorded
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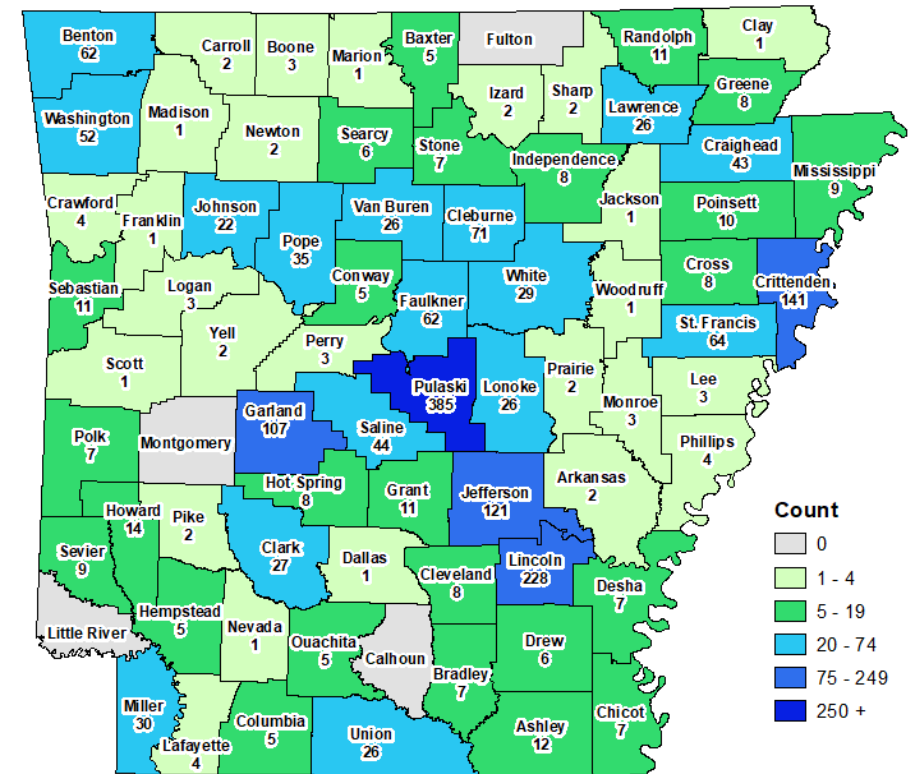


COVID19 Update

- Current Situation
 - Arkansas
 - Social Distancing is working; “Targeted Approach”
 - Cases on the rise, but slower
 - Prison System
 - May 4th – Phase 1 target date
 - Testing
 - Contact Tracing

0-17:	66
18-24:	132
25-44:	632
45-64:	690
65+:	396

Number of Positive COVID-19 Specimens



Total Number of Positive Specimens*: 1,923

As of 4/20/2020 at 10:00 am

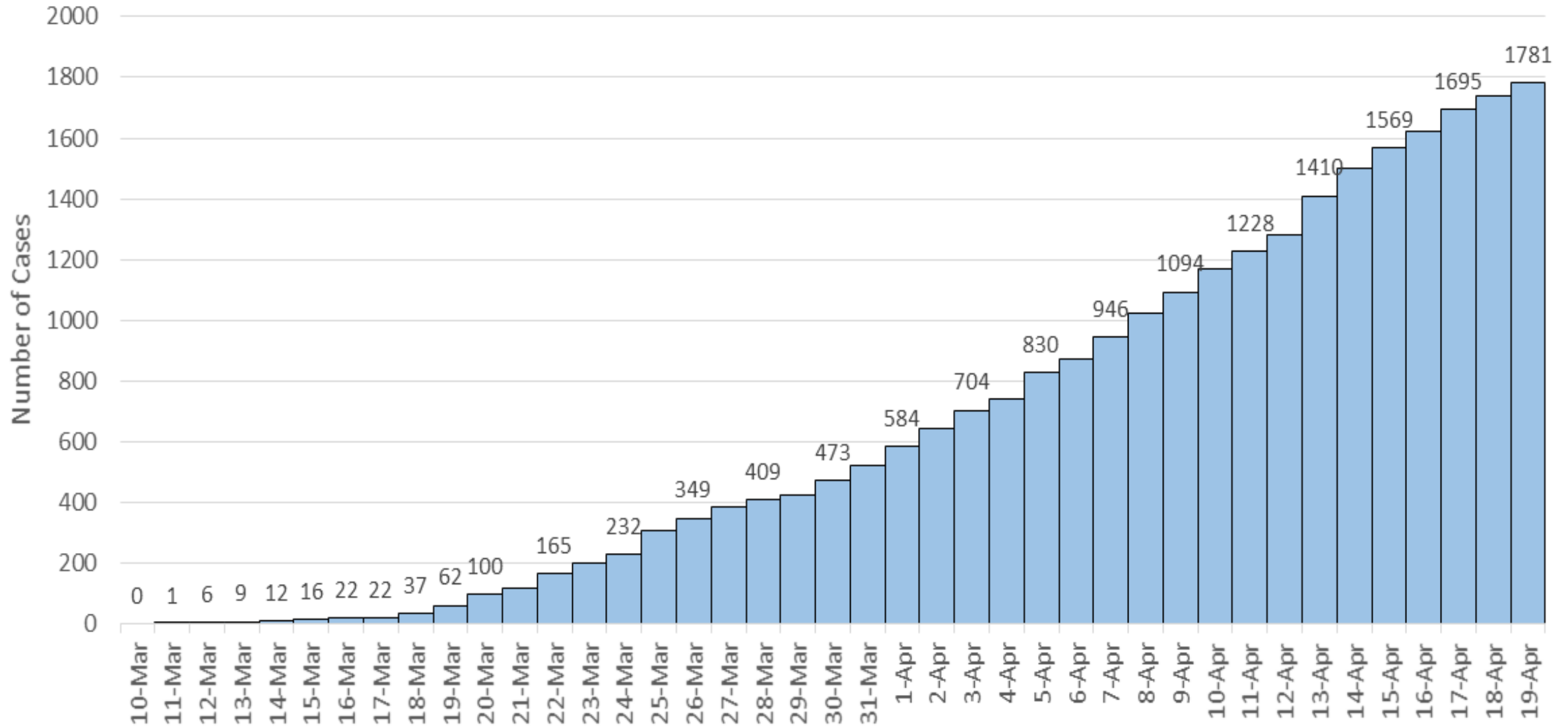


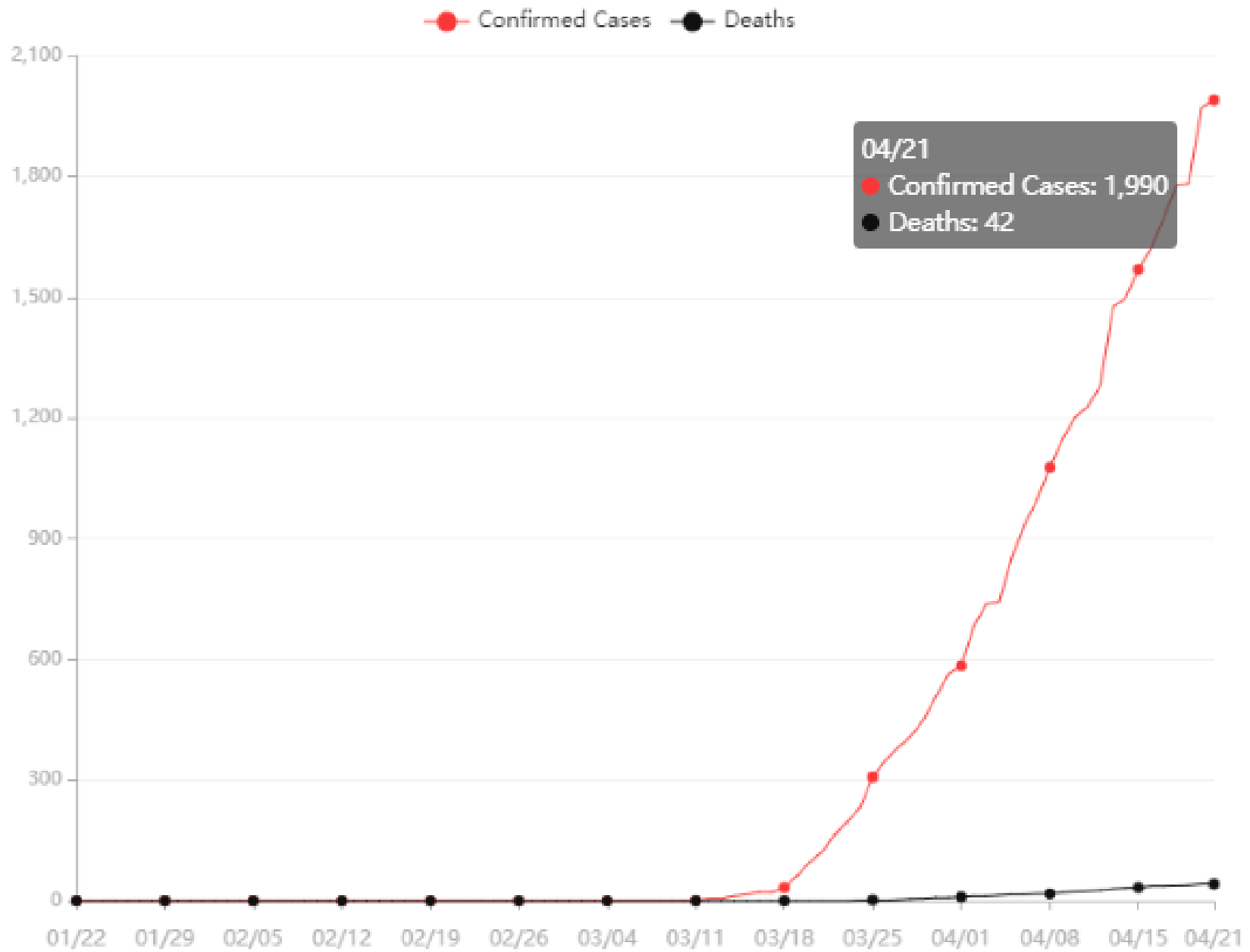
Date: April 20, 2020
 Source: Arkansas Department of Health
 Map created by: Donald McCormick, MSHI

*At the creation of this map, 45 specimens (43 - private labs, 2 - public labs) did not have a county associated with the test and requires further follow-up

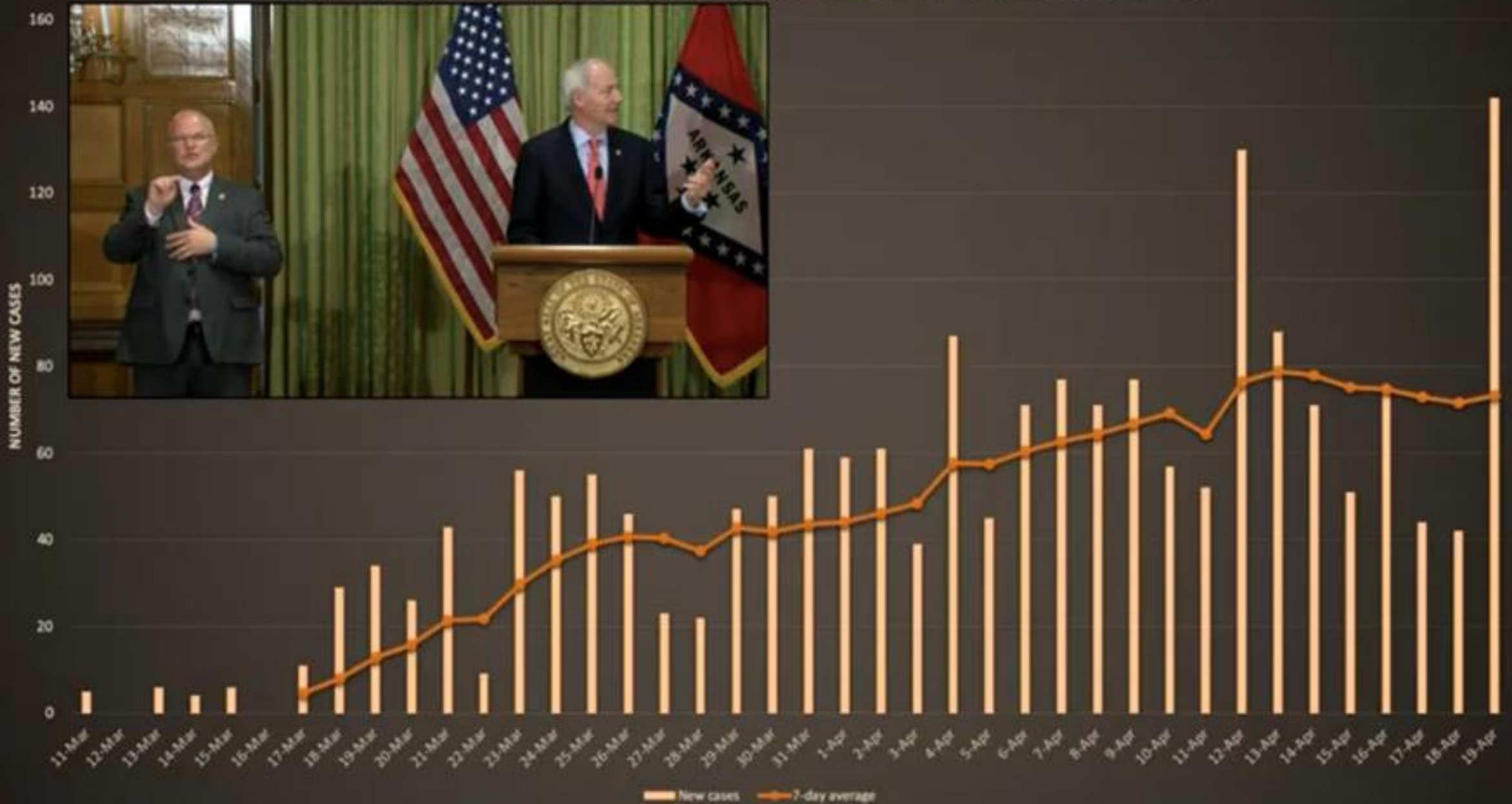
Arkansas COVID-19 Cases By Day

Per Gov. Press Conferences





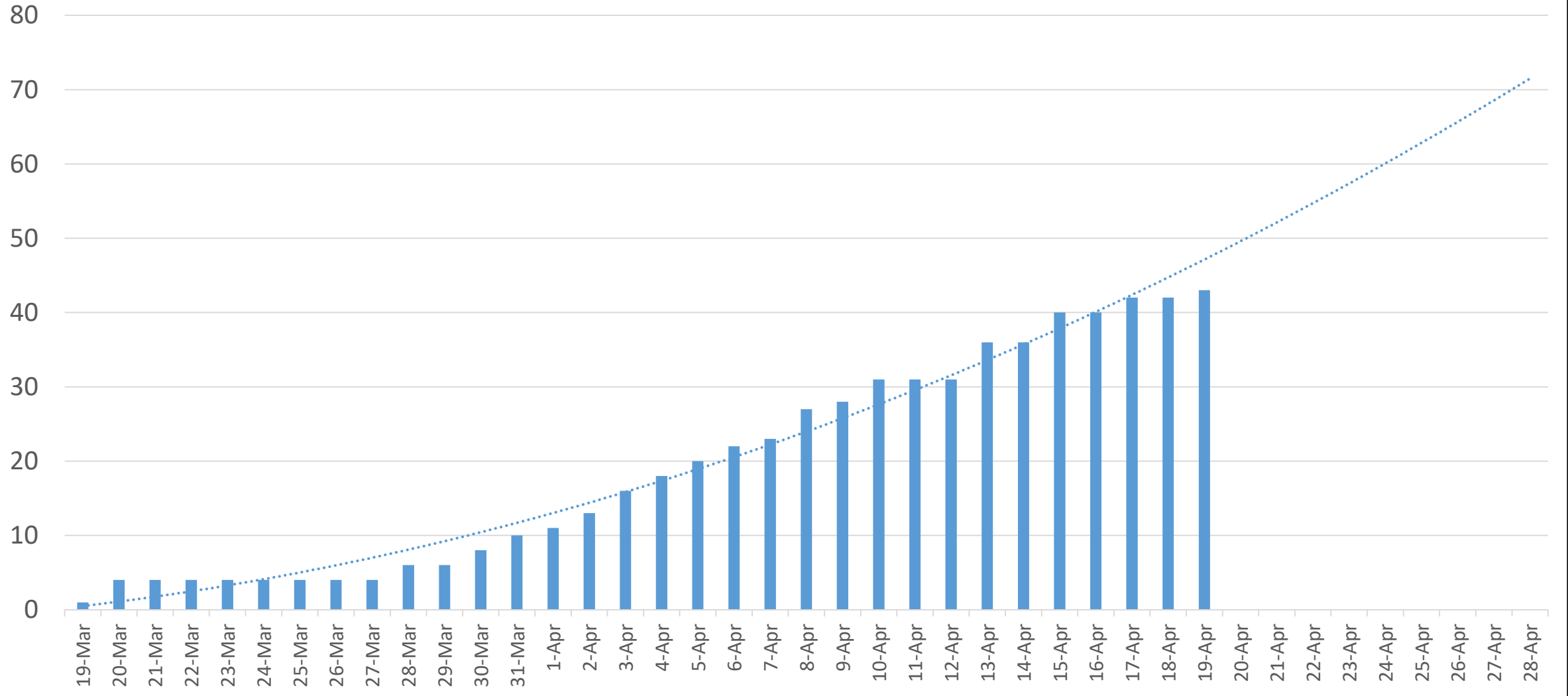
Seven-day Rolling Average of New COVID-19 Cases in Arkansas



Craighead County Numbers

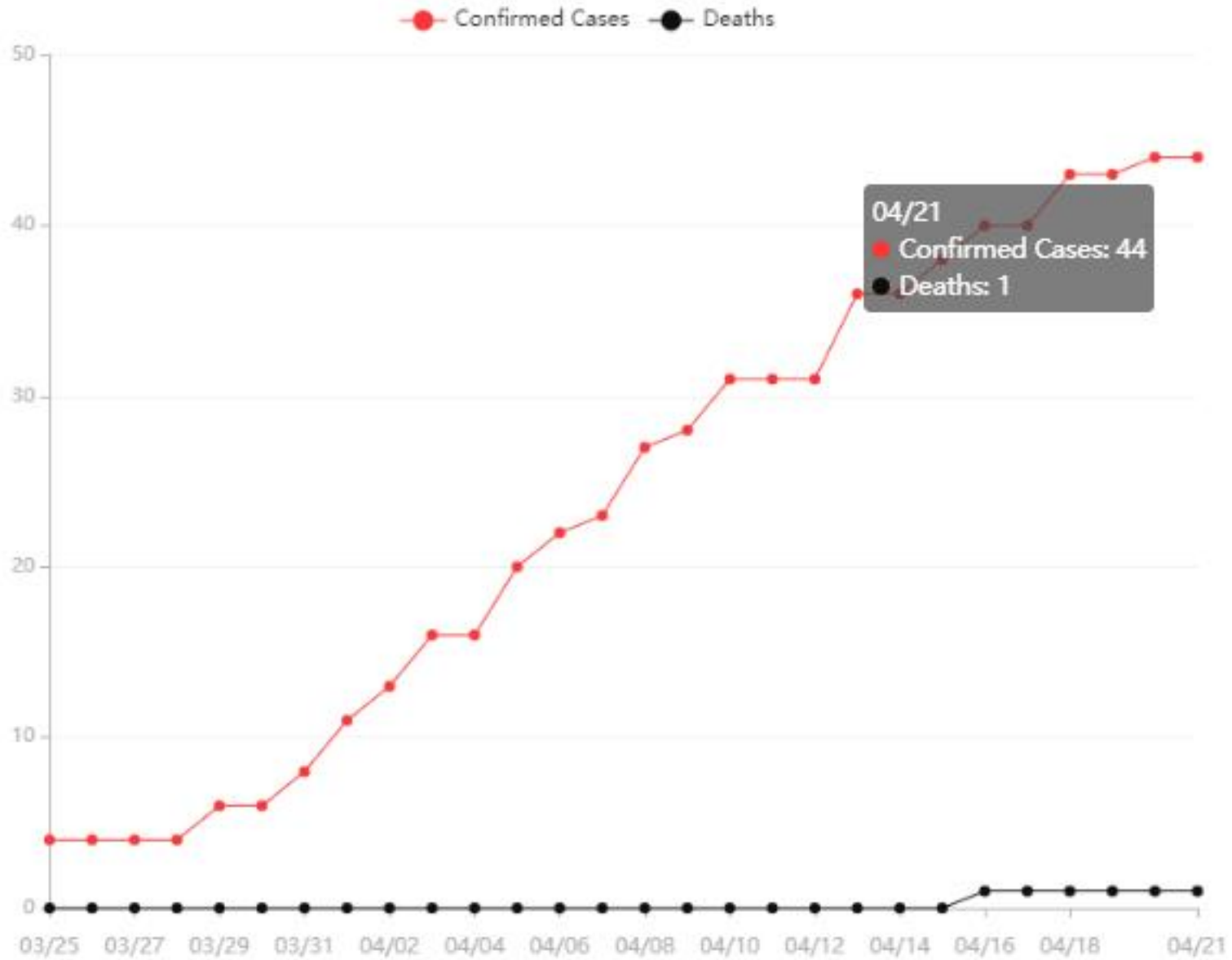
With polynomial trend line

Courtesy of Chris Zumbach



Craighead County Data Obtained Daily From Johns Hopkins Tracker <https://coronavirus.jhu.edu/map.html> and may differ slightly from ADH.

Craighead County



Hospital resource use

11 days until peak resource use on
April 30, 2020
(April 11 - May 7) ⓘ

Resources needed for COVID-19

All beds needed ⓘ

129 beds



All beds available

5,000 beds

ICU beds needed ⓘ

32 beds



ICU beds available

394 beds

Invasive ventilators available

28 ventilators

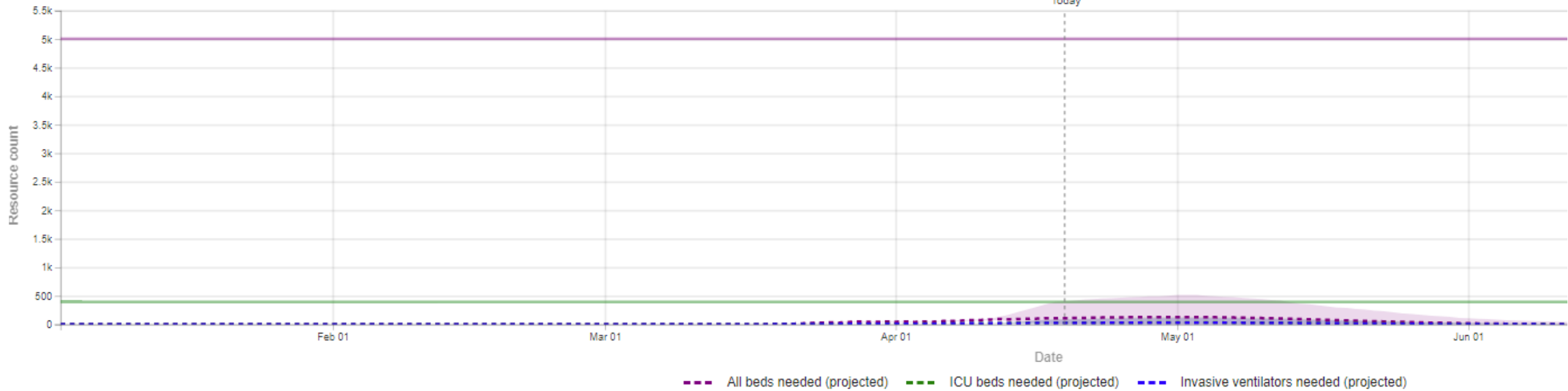
All resources

All beds

ICU beds

Invasive ventilators

Today



All resources specific to COVID-19 patients.

Shaded areas indicate uncertainty ⓘ



Government-mandated social distancing ⓘ

As of our most recent update on April 17, 2020, Arkansas had implemented 3 out of 6 social distancing measures. See our [FAQ](#) page for details.

Mass gathering restrictions
🚫 March 27, 2020

Initial business closure
🏢 March 19, 2020

Educational facilities closed
🏫 March 17, 2020

Non-essential services closed
🚫 Not implemented

Stay at home order
🏠 Not implemented

Travel severely limited
➔ Not implemented

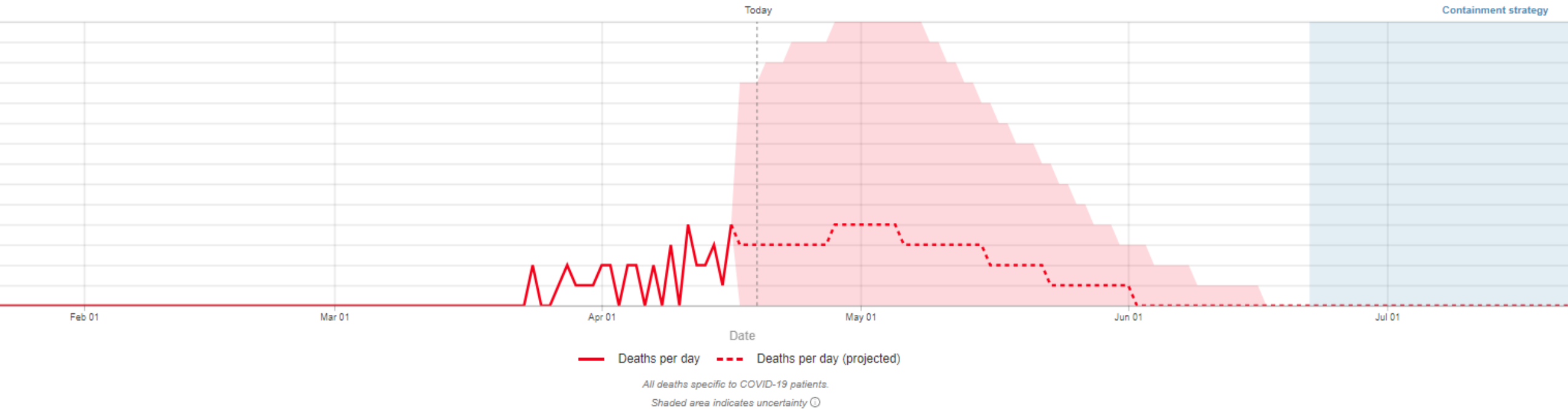
Deaths per day ⓘ

13 days
until projected peak in daily deaths

4 COVID-19 deaths
projected on May 2, 2020

Containment strategy ⓘ

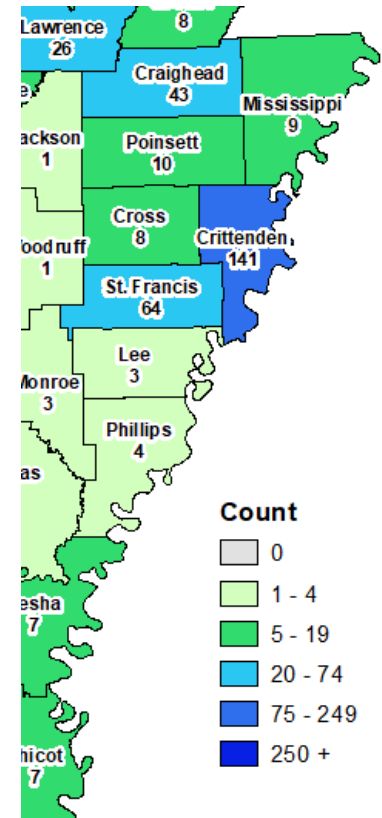
After June 22, 2020, relaxing social distancing may be possible with containment strategies that include testing, contact tracing, isolation, and limiting gathering size.



COVID19 Update

- Current Situation

- Arkansas expected peak? (first peak)
 - Depends on the community, depends on the model.
 - Central Arkansas will likely peak first, then Northwest Arkansas
 - Northeast Arkansas – May/June. (July?) (Crittenden County?)
 - Reminder on “the peak” and “flattening the curve”

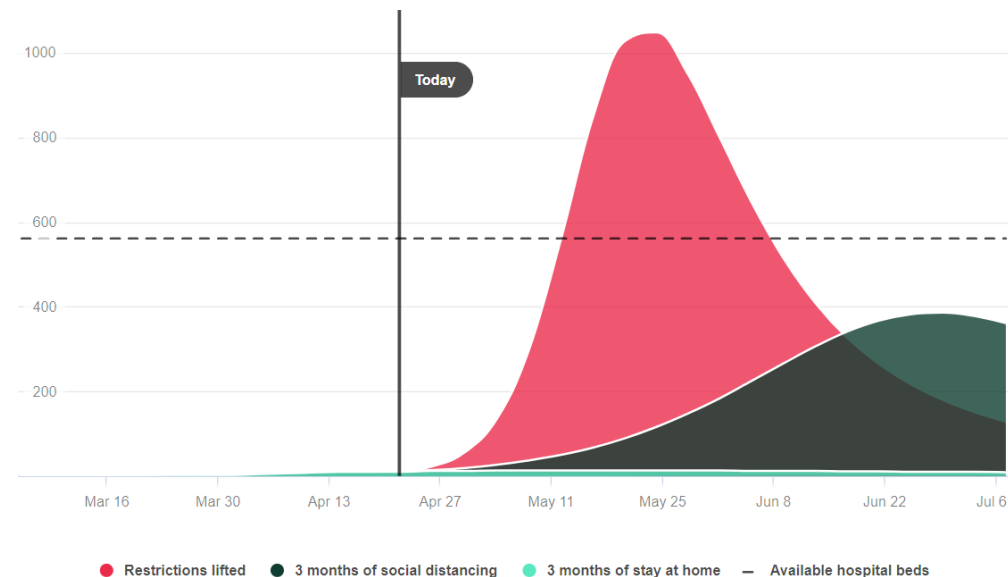
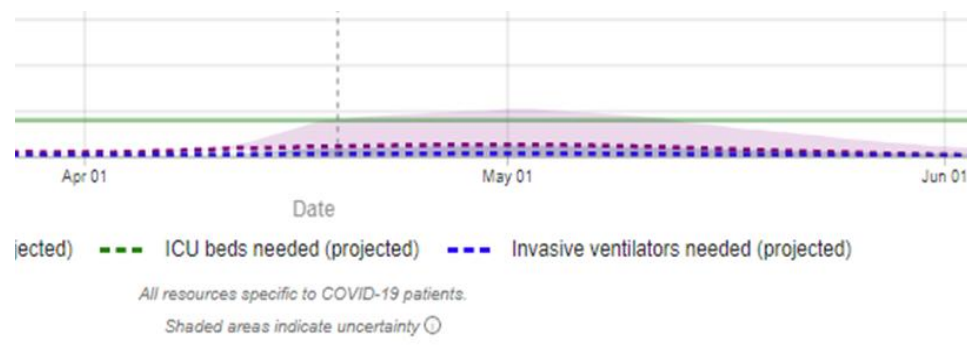
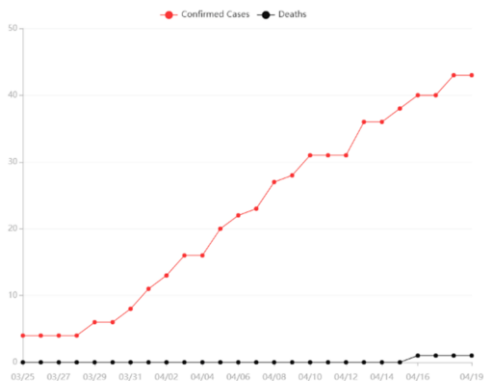


If we are successful in “flattening the curve” that means we prolong the presence of the disease in our community, but we don’t overwhelm our healthcare system.

COVID19 Update



- What happens after the peak?
 - “Now that we’ve peaked.....”
 - White House Guidance
 - Arkansas Department of Health Workgroup
 - Public misconception that the virus is “gone” and everything goes back to “normal”.
 - State, County, and City approach



COVID19 Update

- Restarting the Economy

- How?

- Phases

- Specific guidance for each workforce segment

- Screening, testing, and contact tracing

- When we see an increase in cases above a certain threshold we back down (two steps forward, one step back)

- How long will that take?

- Probably 6-12 months or more.

- Once a vaccine is created that is readily accessible to everyone.

- Once the virus becomes “seasonal”

- Concerns

- Compliance, Testing and Tracking,
Second peak, Fall 2020?

**Restarting America Means
People Will Die. So When Do
We Do It?**

Five thinkers weigh moral choices in a crisis.

"Clearly this is something that is hurting from the standpoint of economics and the standpoint of things that have nothing to do with the virus, but unless we get the virus under control, the real recovery economically is not going to happen," Fauci said on "Good Morning America."



COVID19 Update

- White House “Gating” Criteria



OPENING UP AMERICA AGAIN

Proposed State or Regional Gating Criteria

(Satisfy Before Proceeding to Phased Opening)

SYMPTOMS

Downward trajectory of influenza-like illnesses (ILI) reported within a 14-day period

AND

Downward trajectory of covid-like syndromic cases reported within a 14-day period

CASES

Downward trajectory of documented cases within a 14-day period

OR

Downward trajectory of positive tests as a percent of total tests within a 14-day period (flat or increasing volume of tests)

HOSPITALS

Treat all patients without crisis care

AND

Robust testing program in place for at-risk healthcare workers, including emerging antibody testing

*State and local officials may need to tailor the application of these criteria to local circumstances (e.g., metropolitan areas that have suffered severe COVID outbreaks, rural and suburban areas where outbreaks have not occurred or have been mild). Additionally, where appropriate, Governors should work on a regional basis to satisfy these criteria and to progress through the phases outlined below.

COVID19 Update

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Phase One

INDIVIDUALS

ALL VULNERABLE INDIVIDUALS* should continue to shelter in place. Members of households with vulnerable residents should be aware that by returning to work or other environments where distancing is not practical, they could carry the virus back home. Precautions should be taken to isolate from vulnerable residents.

All individuals, **WHEN IN PUBLIC** (e.g., parks, outdoor recreation areas, shopping areas), should maximize physical distance from others. Social settings of more than 10 people, where appropriate distancing may not be practical, should be avoided unless precautionary measures are observed.

Avoid **SOCIALIZING** in groups of more than 10 people in circumstances that do not readily allow for appropriate physical distancing (e.g., receptions, trade shows)

MINIMIZE NON-ESSENTIAL TRAVEL and adhere to CDC guidelines regarding isolation following travel.

*See Appendix 1 for Definition of Vulnerable Individuals



Phase One

EMPLOYERS

Continue to **ENCOURAGE TELEWORK**, whenever possible and feasible with business operations.

If possible, **RETURN TO WORK IN PHASES.**

Close **COMMON AREAS** where personnel are likely to congregate and interact, or enforce strict social distancing protocols.

Minimize **NON-ESSENTIAL TRAVEL** and adhere to CDC guidelines regarding isolation following travel.

Strongly consider **SPECIAL ACCOMMODATIONS** for personnel who are members of a **VULNERABLE POPULATION.**



Phase One

SPECIFIC TYPES OF EMPLOYERS

SCHOOLS AND ORGANIZED YOUTH ACTIVITIES (e.g., daycare, camp) that are currently closed should remain closed.

VISITS TO SENIOR LIVING FACILITIES AND HOSPITALS should be prohibited. Those who do interact with residents and patients must adhere to strict protocols regarding hygiene.

LARGE VENUES (e.g., sit-down dining, movie theaters, sporting venues, places of worship) can operate under strict physical distancing protocols.

ELECTIVE SURGERIES can resume, as clinically appropriate, on an outpatient basis at facilities that adhere to CMS guidelines.

GYMS can open if they adhere to strict physical distancing and sanitation protocols.

BARS should remain closed.

COVID19 Update

- Looking ahead for Jonesboro
 - Protect those at risk
 - Policies and Procedures for:
 - Police
 - Fire
 - E-911
 - Streets and Maintenance
 - Parks and Recreation
 - Other city employees
 - Churches and places of worship
 - Hosting of Events
 - Public Guidance
 - “This is hard.”



GUIDELINES


OPENING UP AMERICA AGAIN

 OPENING UP AMERICA AGAIN

Proposed State or Regional Gating Criteria

(Satisfy Before Proceeding to Phased Opening)

SYMPTOMS	CASES	HOSPITALS
Downward trajectory of influenza-like illnesses (ILI) reported within a 14-day period	Downward trajectory of documented cases within a 14-day period	Treat all patients without crisis care
AND	OR	AND
Downward trajectory of covid-like syndromic cases reported within a 14-day period	Downward trajectory of positive tests as a percent of total tests within a 14-day period (flat or increasing volume of tests)	Robust testing program in place for at-risk healthcare workers, including emerging antibody testing


JOHNS HOPKINS
BLOOMBERG SCHOOL
of PUBLIC HEALTH

Center for Health Security

Public Health Principles for a Phased Reopening During COVID-19: Guidance for Governors

COVID19 Update

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4-21-20